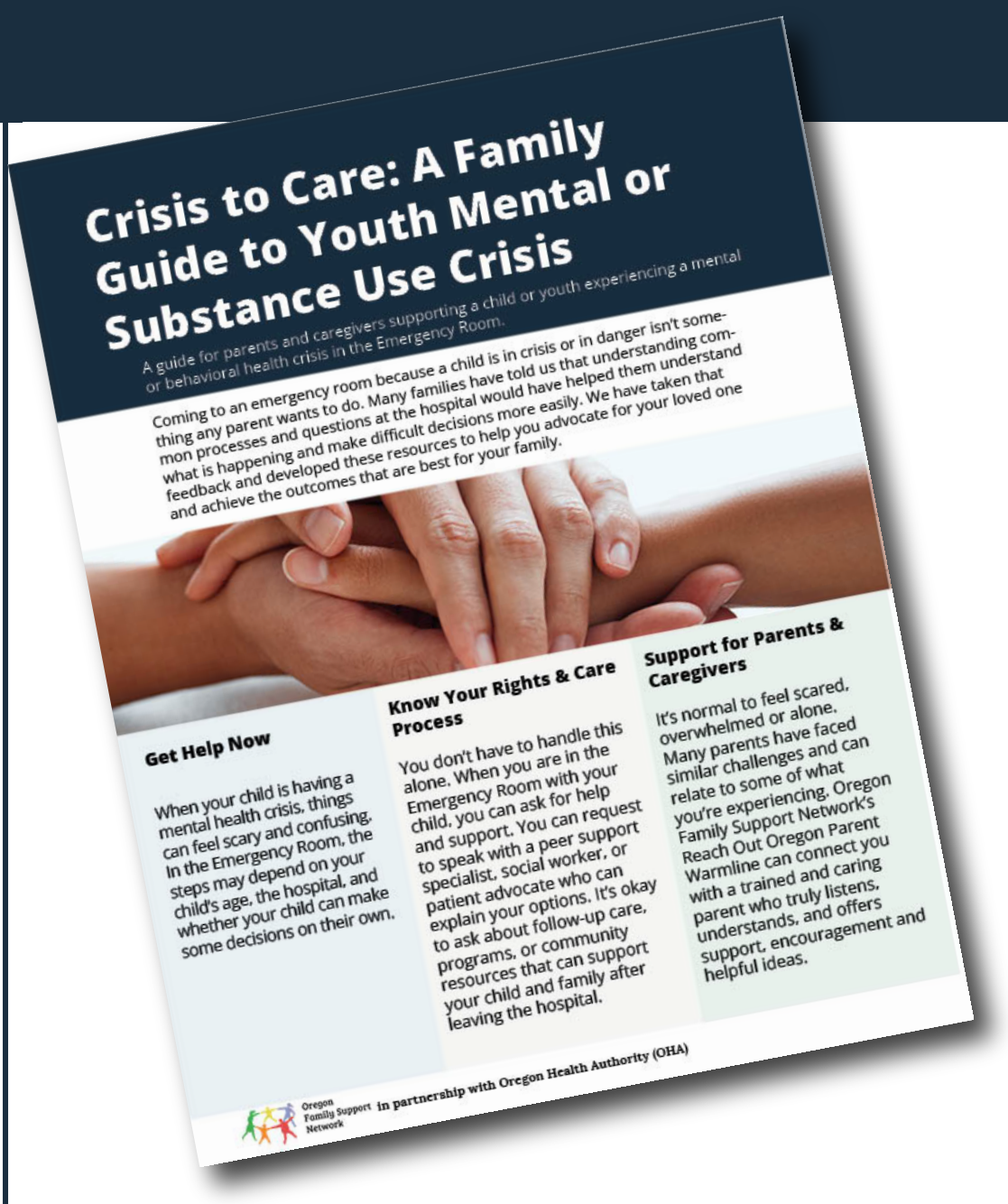
Crisis to Care: Advocating for your Youth During a Mental Health or Substance Use Crisis

When your youth is in crisis, you don't have to figure it out alone.

Crisis to Care helps Oregon parents and caregivers know what to expect, what to ask and where to turn during a youth mental , behavioral health or substance use crisis.



FREE RESOURCE FOR OREGON FAMILIES

Read it now. Save it for later.

Scan to explore Crisis to Care

https://qrco.de/bgjaQ5

- **Understand the options** from the ER to follow-up care.
- **Learn what to ask** and how to advocate for your youth.
- **Find resources** and support for your whole family.

ofsn.org

Oregon Family Support Network

in partnership with Oregon Health Authority (OHA)